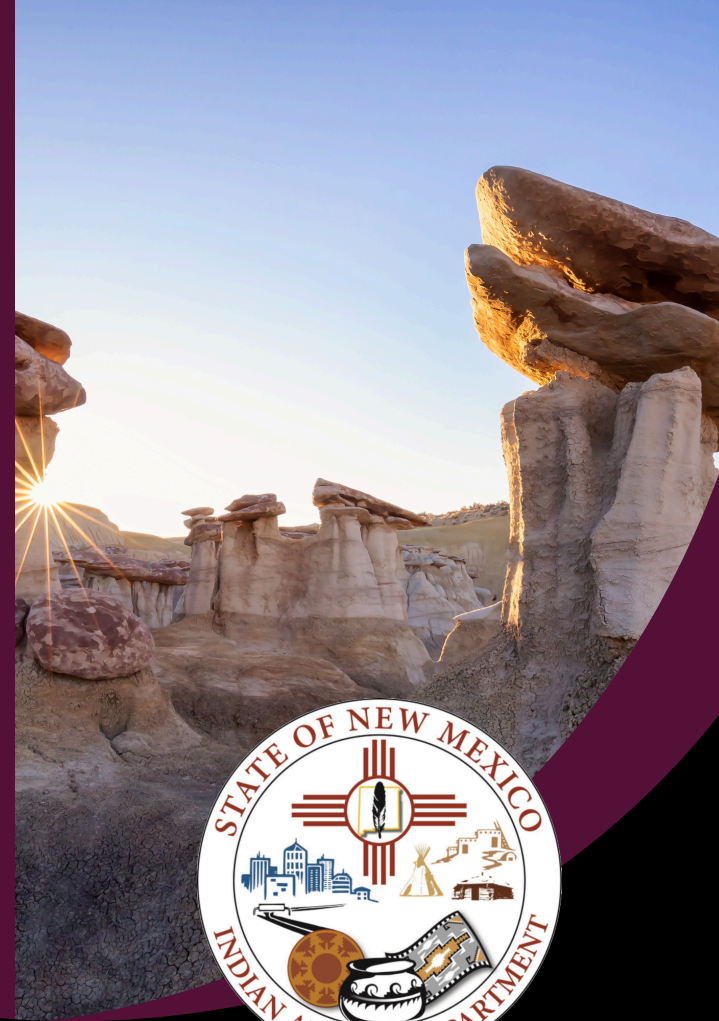




Our vision is that tribal nations, communities and Native people are happy, healthy and prosperous and that their traditional ways of life are honored, valued and respected.



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# New Mexico Indian Affairs Department

**BEHAVIORAL HEALTH  
IN INDIAN COUNTRY**

# Behavioral Health in Indian Country by the Numbers

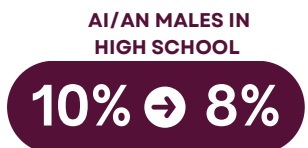
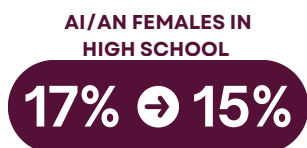
New Mexico's Native American population has experienced the highest rates of suicide over the last 10 years or more.

Suicide disproportionately affects the Native American population at a rate of **31.7/100,000** versus **24.8/100,000** for all New Mexicans. \*

Suicide rates for the period 2011 to 2020 indicate a **58% increase** for Native Americans.

## POSITIVE IMPACT

From 2021 to 2023 there was a decrease in attempted suicide for Native American New Mexico high school students.\*\* Although this presents encouraging impact and improvements, there is no evidence of sustaining trends.



\* - Honoring Native Life, UNM Division of Community Behavioral Health  
\*\* - New Mexico Youth Risk and Resiliency Survey (NMYRRS, 2023), and the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC) Oversample Project

# New Mexico Native American Resources Directory

Aims to empower behavioral health providers and advocates by offering a comprehensive listing of resources specifically tailored to support Native American communities.

*Provided by the New Mexico Health Care Authority (HCA).*

## SCAN HERE FOR THE NM NATIVE AMERICAN RESOURCES DIRECTORY



Call, text or chat 988 for immediate, 24/7 help—anyone, any struggle, anytime.

# Our Role

To address this public health issue, IAD administers funding to Nations, Pueblos, Tribes and tribal-serving organizations and services.

Past projects include enhancing community-based education, clinical support, training and more.

Below are some examples.

**Santo Domingo (Kewa) Pueblo** - Community based transitional living program to address behavioral health and substance abuse.

**Jicarilla Apache Nation** - Tribal programs in collaboration with Special Diabetes Program for Indians (SDPI) and the Wellness Center.

**San Ildefonso Pueblo** - Tribal Behavioral Health Program for community members through Serna Solutions and the construction of a Wellness Center.

**Tesuque Pueblo** - Cultural support group, Historical Trauma Event and cultural classes.

**Zia Pueblo** - Community education events addressing mental health, a Youth Summit, a Health Fair, and contracting a Behavioral Health provider for Substance Use Disorder (SUD).

*More projects to come as IAD received an extension to administer funds into Fiscal Year 2026. This is one-time funding and may not be renewed.*