



Michelle Lujan Grisham
Governor

Howie Morales
Lieutenant Governor

STATE OF NEW MEXICO INDIAN AFFAIRS DEPARTMENT

Wendell Chino Building, 2nd Floor
1220 S. St. Francis Dr.
Santa Fe, NM 87505
Phone (505) 476-1600
www.iad.nm.gov



Josett D. Monette
Cabinet Secretary

Aurora Vldes
Deputy Cabinet Secretary

NOTICE OF FUNDING AVAILABILITY

Funding Agency:	New Mexico Indian Affairs Department (“IAD”)
Opportunity Title:	Strong Spirits, Strong Bodies: Advancing Teen Health Equity for Native Youth
Total Funding Available:	\$179,200
Eligible Applicants:	Nations, Pueblos & Tribes of New Mexico
Application Open Date:	August 20, 2025
Priority Application Close Date:	September 12, 2025 at 5:00 PM MST
Application Deadline:	Continuous until funding is expended
Deadline to Expend Funds:	Date of execution of agreement to June 30, 2026
Contact Person:	Karmela Martinez Phone: (505) 469-7057 Email: karmela.martinez@iad.nm.gov

BACKGROUND

During the 2025 New Mexico Legislative Session, IAD received a general fund appropriation to support special projects in Fiscal Year 2026 that benefit Nations, Pueblos, or Tribes (“NPTs”) in New Mexico. IAD had decided to dedicate a portion of this funding to the Strong Spirits, Strong Bodies: Advancing Teen Health Equity for Native Youth. This grant will support projects that promote puberty education and period equity for Native youth. This Notice announces the availability of that funding.

PURPOSE

The purpose of this funding opportunity is to support Nations, Pueblos, and Tribes (NPTs) in promoting adolescent health education, increasing access to hygiene products, and advancing the overall well-being of Native youth across New Mexico.

IAD has funding available to support activities and/or projects that promote the holistic health and development of Native youth by providing culturally relevant education on puberty, hygiene, and wellness for both adolescent males and females. This grant aims to foster self-awareness, reduce stigma around male development and menstruation, and improve overall health literacy. Projects should support positive identity development, ensure access to essential hygiene and menstrual

products, and deliver culturally relevant education to equip Native youth with the knowledge, tools, and dignity they need to thrive.

APPLICATION REQUIREMENTS

IAD has established the following application requirements for NPTs for this funding:

1. Complete the attached Special Project Grant Application.
2. Applications must identify and address how the NPT will use funds to support any of the following allowable activities:
 - Promote adolescent wellness by providing culturally relevant and age-appropriate education on puberty and hygiene with the goals of fostering self-awareness
 - Purchase and distribute free hygiene products (pads, tampons, cups, underwear, body/foot powder, deodorant, etc.)
 - Integrate traditional teachings or Native wellness models into curriculum
 - Reduce stigma and promote intergenerational learning around puberty and menstruation
3. Applications must specify how NPTs intend to expend awarded funds by June 30, 2026.
4. Applications must include an itemized budget and a letter of support from their Tribal Leadership.
5. **Capital projects will not be considered.**

APPLICATION REVIEW CRITERIA

Applications will be evaluated to determine their direct benefits to NPTs in New Mexico. Applications that meet the majority of the criteria listed below will be selected for funding:

1. Demonstrates a thorough understanding of the tribal population to be served and the needs of this population that the project will benefit. Projects should include existing data and information that supports the applications for funding.
2. Provides an organized plan for the grant to implement the project.
3. Provide both product access and educational programming
4. Provides a budget with justification related to the project plan.
5. Project timeline and budgetary obligations meets Period of Performance.

DELIVERABLES

Upon award, grantees will be required to fulfill the following deliverables:

- Participate in at least one site visit and a quarterly progress call with a program monitor from IAD.
- Ensure project funds are expended by June 30, 2026.
- Submit quarterly reports detailing the progress and outcomes of the program. Quarterly reports should include information regarding the progress on the project and if necessary, how IAD can support the grantee in expending all funds.
- Submit requests for reimbursement with detailed invoices, receipts, and other supporting documentation on a monthly basis. Please note that purchases or expenditures made before the date of the IAD Purchase Order will not be reimbursed.
- Submit a final report which includes an assessment of the stated need, impact made by

grant funds, and challenges met during the project.

APPLICATION SUBMISSION INSTRUCTIONS

Please submit all completed applications and supporting documents electronically to karmela.martinez@iad.nm.gov. For any questions, contact Karmela Martinez, at the same email address.