

HONOR TRADITION, NOT ADDICTION.



Tobacco is a sacred medicine in our communities - meant for prayer, ceremony, and respect, not addiction



For help quitting, call 1-800-QUIT-NOW.

Paid by Tobacco Cessation & Prevention Project (TCPP) Funding.



CHOOSE TRADITION. PROTECT YOUR FUTURE

In our Native communities, tobacco holds deep meaning. It's not meant to harm – it's meant to heal. But today, too many Native youth are targeted by commercial tobacco and vaping products.

● **FACT: NATIVE YOUTH HAVE SOME OF THE HIGHEST COMMERCIAL TOBACCO USE RATES IN THE COUNTRY.**

You have the power to change that.

Say yes to health. Say yes to culture. Say yes to you.

NEED HELP QUITTING?

☎ **CALL 1-800-QUIT-NOW**

👁 **YOUR LIFE. YOUR CHOICE. YOUR STRENGTH**

BROUGHT TO YOU BY THE INDIAN AFFAIRS DEPARTMENT.

